

## daily specials

try our delicious homemade  
food, made fresh daily

see specials board for more details

### food allergies and intolerances

All of our food is made in our kitchen so cannot guarantee it is suitable for those with allergies.

Please speak to our staff if you want to know about our ingredients.

## cold drinks

Coke	£1.25
Diet coke	£1.25
Sanpellegrino	£1.70
Ginger beer	£1.25
Lemonade	£1.70
Still water	£1.20
Sparkling water	£1.20
Iced tea (Daymers)	£2.25

## smoothies

**power shake** £5.95  
Choose between strawberry, vanilla or chocolate

**fast-busting blueberry** £3.50  
Oats, blueberries, flaxseeds, honey, yoghurt and skimmed milk

**strawberry and banana** £3.50

## freshly squeezed juice

Pure apple juice	£3.25
Pure carrot juice	£3.25
Pure orange juice	£3.25
Inner Glow Carrots and apples	£3.25
Flu Fighter Apple, orange, lime and ginger	£3.25
Green Goddess Parsley, lemon and honey	£3.25
Detox Apple, banana and beetroot	£3.75
Cleanser Apple, carrot, cucumber and ginger	£3.25
Cooler Apple, cucumber and lime	£4.50

## snacks

	in	out
Potato crisps	£1.40	£1.40
Vegetable crisps	£2.60	£2.20
Neat bars	£1.95	£1.95
Cookies	£2.00	£1.70
Chika (peanuts/crisps)	£2.50	£2.50



## kitchen at the bridge

breakfast  
and brunch  
served all day

## hot drinks

choice of organic dairy milk or dairy free alternatives available

coffee	small	large
Americano	£2.20	£2.45
Decaffeinated	£2.20	£2.45
Latte	£2.35	£2.80
Cappuccino	£2.35	£2.80
Flat white	£2.60	
Espresso	£1.60	£2.30
Macchiato	£1.65	£2.35
Mocha	£2.35	£2.90
Hot chocolate	£2.40	£2.70

suki tea	per pot
English breakfast	£2.20
Green tea	£2.20
Camomile	£2.20
Red berry	£2.20
Earl grey	£2.20
Peppermint	£2.20

loose leaf tea	per pot
Lemongrass and ginger	£2.20
White monkey	£2.20
White tea pear	£2.20
Roobos	£2.20

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## grab and go

	<b>in</b>	<b>out</b>
<b>granola</b> (v)	<b>£2.50</b>	£2.10
crunchy granola, served with yoghurt and berry compote		
<b>fruit pot</b> (vg)	<b>£2.50</b>	£2.10
mixed seasonal fruits/berries		
<b>overnight oats</b> (v) (vg)	<b>£2.50</b>	£2.10
jumbo organic oats soaked in almond milk with peanut butter or honey		
add smashed banana or berry compote	<b>+30p</b>	+25p
<b>mini pastries</b>	<b>£2.20</b>	£1.85

## breakfast/brunch

<b>poached/scrambled/fried/boiled eggs</b> (v)	<b>£5.50</b>
two free-range eggs served on hot, buttered toast on toasted sourdough	
	<b>£6.25</b>
<b>eggs benedict</b>	<b>£7.60</b>
two free-range poached eggs on a bed of ham, served on hot buttered sourdough, drizzled with lemony hollandaise sauce and topped with peppery rocket	
<b>eggs florentine</b> (v)	<b>£7.30</b>
two free-range poached eggs on a bed of spinach, served on hot buttered sourdough, drizzled with lemony hollandaise sauce and topped with rocket	
<b>eggs royale</b>	<b>£7.75</b>
two free-range poached eggs with smoked salmon, served on hot buttered sourdough, drizzled with lemony hollandaise sauce and topped with rocket	

<b>plain omelette</b> (v)	<b>£5.95</b>
<b>or your choice of fillings</b>	
served with hot, buttered toast	
<b>with</b> toasted sourdough	<b>£7.45</b>
add mushroom, tomato or cheese (v)	<b>+ 75p per item</b>
add bacon, ham or chorizo	<b>+£3.00 per item</b>
<b>luxury mushrooms on toast</b> (v)	<b>£7.50</b>
portobello mushrooms sauteed in a white wine, cream and thyme sauce, served on sourdough toast	
add bacon, ham or chorizo	<b>+£3.00 per item</b>
<b>smashed avocado</b> (vg)	<b>£8.75</b>
served on sourdough toast, with sun-dried tomato, crispy shallots and chilli flakes	
add bacon, ham, chorizo or smoked salmon	<b>+£3.00 per item</b>
add poached egg	<b>+50p</b>
<b>slow roasted tomatoes on toast</b> (v)	<b>£7.90</b>
served on toasted sourdough bread	
<b>toasted bagels</b>	
salmon and cream cheese	<b>£7.50</b>
avocado, cherry tomato and jalapeños (vg)	<b>£4.90</b>
peanut butter and banana (vg)	<b>£3.50</b>
<b>toast</b> (vg)	<b>£1.65</b>
served with marmite, marmalade, jam or peanut butter	
<b>sourdough toast</b> (vg)	<b>£4.15</b>
served with marmite, marmalade, jam or peanut butter	
<b>hot breakfast rolls</b>	
bacon or sausage	<b>£4.75</b>
fried egg (v)	<b>£3.25</b>

## sandwiches and paninis

<b>sandwiches</b>	<b>in</b>	<b>out</b>
white, brown or seeded bread		
egg mayonnaise (v)	<b>£3.25</b>	£2.70
chicken, bacon and avocado feast	<b>£7.50</b>	£4.25
ham	<b>£3.25</b>	£2.70
cheese (v)	<b>£3.00</b>	£2.50
ham and cheese	<b>£3.75</b>	£3.20
smoked salmon and cream cheese	<b>£4.65</b>	£3.90
houmous, beetroot and spinach (vg)	<b>£3.00</b>	£2.50
tuna mayonnaise	<b>£3.35</b>	£2.80

### sourdough toasties or panini with salad garnish

mushroom, mature cheddar, rocket and truffle oil (v)	<b>£5.50</b>	£5.50
tomato, mozzarella, basil and pesto (v)	<b>£5.00</b>	£5.00
pastrami, emmental, pickles and english mustard	<b>£5.50</b>	£5.50
chicken, pesto and sundried tomato	<b>£5.50</b>	£5.50
meatball, tomato, jalapeños and mature cheddar	<b>£5.50</b>	£5.50
grilled halloumi, tomato and pesto (v)	<b>£6.00</b>	£6.00

## salad bowls

	<b>in</b>	<b>out</b>
<b>beetroot, roasted sweet potato</b> (v) and baby spinach with crumbled feta	<b>£7.50</b>	£6.25
<b>grilled chicken, roasted sweet potato</b> and baby green leaves	<b>£7.50</b>	£6.25
<b>hot smoked salmon, roasted sweet potato</b> and baby green leaves	<b>£8.50</b>	£7.10
<b>vegan rainbow salad</b> (vg)	<b>£8.85</b>	£7.40
a colourful winter salad of beetroot, sweet potato, baby spinach, red quinoa, cucumber curls and falafel, finished with a sprinkling of toasted walnut pieces and a citrus dressing		